



Infants

The topic this month is new beginnings and winter weather. The children are starting to notice the snow falling out the window and the colder weather. We will go outside as much as possible in the winter, weather permitting or bring snow inside for them to play with.

Art: melting ice cubes with food colouring, make snowflakes, cotton ball snowman

Circle Time: weather outside, winter books, snow songs

Dramatic: act out weather, twirl like snowflakes, motions to songs

Language and Literacy: footprints in the snow, snowman's sleigh ride, Dr. Seuss's ABC

Math: old kids vs new kids, days until spring arrives, count snowy days

Music and Movement: what's the weather, make a circle, twinkle twinkle little star

Nature and Science: why does it snow, cloudy or clear sky, cold and windy

Outdoor Learning: play in snow, catch snow on tongue, push things in/over the snow.

Sensory Learning: cold and wet, white, grey and black, soft and fluffy



Toddlers



January is the start of the 2020 new year. A good start is the half of the success. We could set up the goals for 2020 to begin a good start.

1. Caregivers continue to support children's living skills, for example, dressing up, eating dependently, keeping routine consistently and so on.
2. Setting up the long and short term goals for children, for example, reading, speaking, fine or gross motor skills individually.
3. Celebrating the new year in multicultural setting.
4. Using the winter season to expand children's learning and playing opportunities.



Preschoolers



What are the benefits of singing multicultural songs?

"Teaching students about songs and musical culture reduced anti-dark skinned stereotypes and prejudice among children (Sousa, Neto & Mullet (2005) "

<http://www.airspace.ca/sites/default/files/Sousa-Neto-Mullet-05.pdf>

Singing is a natural form of communication that begins very early in human development and an expression of lifestyles, values and belief systems.

Music and singing experiences are sociocultural – both social and cultural and are part of a child's socialization and enculturation (Varies from one culture to another) because singing is both a personal and social act – it plays a role in identify development (musical, social, ethnic, racial, political and cultural).

Therefore, Multicultural songs are beneficial because they deepen knowledge of self and other, develop singing and speech skills, boost social skills in a multicultural society and enhance emotional expression.

*Musical Websites

1. Mama Lisa's World – music from many cultures
<http://www.mamalisa.com/>
2. Early Childhood Music Association of Ontario – newsletters, workshops, support, CD's
<http://ecmaontario.ca/>



Supervisor



Well another year has passed, and here it is, 2020! First and foremost I would like to wish a prosperous, healthy and happy New Year to all our Lullaboo families! Over the years we have provided thousands of children and families with care and support, and with our team of professional and caring staff we will continue to provide quality childcare for the families of Lullaboo. Thanks to you all for allowing us the opportunity to nurture and care for your young children! Happy 2020~

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Event Calendar



Orthodox Christmas



Chinese New Year 2020

Centre Reminder



Happy New Year to all our Lullaboo families! This month we are focusing on wellbeing so we can start the year off right. Lullaboo believes it is vital to support children's holistic wellbeing in all domains throughout each day. Healthy minds and healthy bodies are interconnected and it's important that we find a balance between the two.

Each classroom team creates a community that is welcoming and celebrates each child's individuality. Our educators support children's mental health by helping them to build social and emotional skills such as self-regulation, resilient self-esteem and confidence, positive body image, open

communication and strong trusting relationships. We support children's physical health through encouraging healthy eating and proper hygiene habits. Throughout the week, we incorporate physical movement into our programming through both fine and gross motor activities.

To support children to build healthy lifelong habits, it's important that families and educators work together. At home, encourage healthy eating and good hygiene habits by setting a good example. Try going on walks through the neighbourhood or in a nearby park. Play indoor games that keep your child moving throughout the winter months. Try winter activities like sledding, skating, or building a snowman. Together, let's make 2020 great!

Director



Each year Lullaboo recognizes an educator from each centre who stands out in the crowd, with passion, dedication and a genuine love for what they have achieved for the children each day. I have such an admiration for the individuals whom we are going to recognize this year. Today you are you, that is truer than true. There is no one alive who is Youer than you. Dr. Seuss

This educator has so much passion for each of the children in her care. She goes above and beyond all expectations and always puts the children's interest and well-being first,

she cares for the class as an extension of her home and I constantly see her dedication continue after her day is done, and on weekends. I have parents who have stopped me in the hallways and expressed how thankful they are for what she does for all the children in the room.

I am proud to announce that this year's educator of the year is Ms. May.



\$55,327

A big thank you to our Lullabooian community both parents and educators for helping us support SickKids foundation raising \$55,327 in 2019 looking forward to 2020

IN SUPPORT OF
SickKids

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