



JANUARY 2020  
**NEWSLETTER**



## Infants



For the month of January, the infants will focus on gross motor skills. For the younger ones, we will work on getting the infants to crawl by doing tummy time and getting them to reach for a toy. For the ones who are able to walk, we will encourage them to use push/pull toys and/or hold their hands while walking together. For the walkers, we will work on kicking and tossing balls, having dance parties and many more activities to encourage their gross motor skills.



## Toddlers

For the month of January, we will focus on getting the children to become more independent with their self-care. We would like the children to clean their noses and face using the provided tissues. Especially since we are well into flu season, the children will learn to wipe their noses and throw it away in the garbage. We will



also continue to reinforce the importance of washing hands as soon as we come in from outdoor playtime, upon arrival, any sensory activities, before and after each meal and after the use the washroom. We will be role modelling these actions as well as discussing the importance of hygiene during our circle time and throughout the day.

## Preschoolers

For the month of January, we will focus on three educational goals. The first goal will be increasing fine motor skills. We will allow children to develop and enhance their fine motor skills with cutting shapes and lines. Our children love cutting and explore with scissors we will help the children gain control of the scissors to cut lines and shapes. We will provide and focus on using tweezers and eye droppers, this will help with the tripod grasp as well so the children will begin to hold their crayons/pencil appropriately. During the month we will also focus on independence. Our children work well with peers and adults. We would love to see our children becoming more independent with dressing, feeding, and following through with routine. The children will be encouraged to dress themselves before going outside, we will provide a visual picture of what sequence to follow. During meal times, we will encourage self-serving food and drinks; after the meal is over the children will scrap their food into the bins and wash hands/face. The children have always loved helping around the classroom and that is encouraged, we will praise the good deeds being done around the room. This will provide the children with a sense of responsibility and feel independent.





Our last focus for the month of January is communication. Children learn to communicate by listening, hearing others speak to them, and speaking on their own. To promote language skills, educators will set up the classroom so the children spend lots of time at activity tables where they have to interact with one another. Educators will provide a word-rich environment, offering books, poems and magazines to encourage a love of words. Educators will also read to the children daily and ask the questions about the story afterward. Preschoolers will continue alphabet work as well. Teachers choose a letter of the day and encourage the preschoolers to write it and come up with words that begin with that letter.

## Centre Reminder



Happy New Year to all our Lullaboo families! This month we are focusing on wellbeing so we can start the year off right. Lullaboo believes it is vital to support children's holistic wellbeing in all domains throughout each day. Healthy minds and healthy bodies are interconnected and it's important that we find a balance between the two.

Each classroom team creates a community that is welcoming and celebrates each child's individuality. Our educators support children's mental health by helping them to build social and emotional skills such as self-regulation, resilient self-esteem and confidence, positive body image, open

communication and strong trusting relationships. We support children's physical health through encouraging healthy eating and proper hygiene habits. Throughout the week, we incorporate physical movement into our programming through both fine and gross motor activities.

To support children to build healthy lifelong habits, it's important that families and educators work together. At home, encourage healthy eating and good hygiene habits by setting a good example. Try going on walks through the neighbourhood or in a nearby park. Play indoor games that keep your child moving throughout the winter months. Try winter activities like sledding, skating, or building a snowman.

Together, let's make 2020 great!

## ★★★★★ Reviews

 We have had a wonderful experience with our 3 year old daughter at Lullaboo. All the teachers are fantastic and Julie is amazing. The daily communication is such a big change from our last provider.-Adam Harwood

# Event Calendar



Jan  
7th



Orthodox Christmas



Jan  
8th



Community Workshop



Jan  
25th



Chinese New Year 2020



JAN 8

5:30pm to 6:30pm

## COMMUNITY WORKSHOP FOR LULLABOO FAMILIES

SPEAKER :  
**Sarah  
Rosensweet**

Parent Coach and Educator



**LIMITED  
SEATING**

To Register please email your centre supervisor. Registration is \$10/Session to be included on your EFT, 45 people max. All funds are donated to SickKids foundation.

### JAN 8 Raising Resilient Kids

Want to raise happy, successful kids? They need resilience! Learn about resilience, why it's important, and how children develop this important quality. We will cover specific ways that you can support your child to foster resilience, as well as the common mistakes that well-meaning parents make that hamper its development.

Dinner selection from Lullaboo's Menu to be served for parents and children to enjoy together after each session.

**Lullaboo Nursery and Childcare Center Inc. | Brampton Center - Queen Campus**

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## Director



**\$55,327**

A big thank you to our Lullabooian community both parents and educators for helping us support SickKids foundation raising \$55,327 in 2019 looking forward to 2020

IN SUPPORT OF  
**SickKids®**



I would like to thank you all staff for coming to our Lullaboo Christmas party this year. It was a great night and I want to wish you all a Merry Christmas & Happy New Year.

It is my humble honour and distinct privilege to share with each of you.

Each year Lullaboo recognizes an educator from each centre who stands out in the crowd, with passion, dedication and a genuine love for what they have achieved for the children each day. I have such an admiration for the individuals whom we are going to recognize here tonight.

If you never did, you should. these things are fun and fun is good. Dr. Seuss This educator always comes into work with such a positive and warm attitude. Whenever there is a favour asked of her she never turns it down and is always prepared and eager to help anyone in need. When it comes to being in her classroom, she shows such passion and engagement with her children and team members. During drop-offs she always greets with a huge smile and a warm hugs. Day after day she has shown a great passion for her career as an educator. Thank you, for showing us every day how passionate and devoted you are to the children.

**I am pleased to announce this year's educator of the year award goes to Ms. Mikalya.**





So be sure when you step,  
step with care and great  
tact. And remember that  
life is a great balancing  
act. Dr. Seuss

This maintenance staff is one of the best we have come across. He is punctual, polite, loved by all, he assists whomever is in need. He is an awesome gentleman who is always dancing thru his shift to played songs. He ensures the classes and hallways are clean, the windows spotless and the cubbies well-kept all while flashing his smile to the children, parents and anyone in the halls.

**Thank you Mr. Mina for your dedication and hard work and congratulations on being this year's Maintenance staff of the year.**

**Irini Mikhael, RECE, P.Eng, PMP**  
Chief Operating Officer  
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