



## Infants

**A** March is a time for reflection, joy, laughter, encouragement and the completion of our winter goals. Our Infant Room will continue to encourage and stimulate cognitive skills, through social play in activities such as ABC songs, alphabet magnetic board and flash card recognition.

**B** Children (Infants) will be enlightened through social play with their teachers and their own peer group.

**C** Let us all work through these cold winter months as they pass us by, encourage new growth



## Toddlers



This month the explored with colours and all the colours they see around them. Colours were introduced to the toddlers through songs and rhymes, meal times, play times, art and crafts times, and lastly through nature in various aspects pertaining to their interest to enhance their cognitive development.



### Benefits of Activities pertaining to Colour:

- 1.Enhances fine motor development – Toddlers develop good finger grips in holding crayons, pencils, paint brushes.
- 2.Enhances concentration
- 3.Enhances their colour recognition skills- toddlers become more aware of colours and how to mix colours
- 4.Enhances Hand & Eye Coordination skills-
- 5.Enhances their own creative style



### What can you do at home to enhance colour recognition?

- 1.Colouring books with Crayons- offer quiet time to do this activity
- 2.While reading books- ask the toddler to point to something that is green, for example. This builds on their colour recognition skills.
- 3.Colour sorting activities through blocks
- 4.Colour matching
- 5.Colour mixing – Mixing different paints together to see the new colour it creates



## Preschoolers

We had a great Family day long weekend; we spend it outside with our family. Now that winter is almost over, we are super excited to get ready for the beginning of Spring 2020.! We have to get our bodies ready for Spring time fun, shake out the winter blues and stretch out our muscles. We cannot wait for animals to come out, the flower to start blooming, trees growing back green leaves and having ton of outside fun with Mr. Sun. From the Lullaboo family we wish everyone a Happy Nowruz to our families, to have good health, prosperity and full of blessings.



## Event Calendar



International  
Women's Day



St. Patrick's Day



Nowruz,  
Iranian New Year



Down Syndrome  
Awareness Day

## Supervisor

March is a month of being courageous in exploring new, inspiring and stimulating activities through providing children opportunities to further explore their intellectual skills by encouraging positive social interaction. Providing children with a foundation of endless engagement and active play will help develop resilience in cognitive development. This can be shown through actively engaging in activities and positive interactions such as; memory games, pretend or imaginary play, singing songs, reading books, flash cards that introduces new vocabulary and offering choices that increase children's confidence in feeling independent.

I would like to invite parents to participate in our second portion of community workshop "Setting Healthy Boundaries" that will take place on March 10th, 2020. This workshop will be given by Sonia Cacciocarro who will be speaking in regards to the importance of setting effective and loving limits as parents in order to help children build emotional resilience.

To register please e-mail me. The registration fee will be \$10/session and will be included on your EFT. All funds are donated to SickKids Foundation.

Haoran(May) Tang, RECE  
Supervisor of Maple Campus  
(905) 585-9509 ex 2  
[haoran.tang@lullaboo.ca](mailto:haoran.tang@lullaboo.ca)

## Centre Reminder

Our Winter Carnival was unfortunately postponed. It is now happening in March. Stay tuned to find out the official date!

For March we will be focusing on Community Helpers and different roles in our community. We invite families to visit their child's classroom and do a "show-and-tell" about your professions. Our classes are very interested in learning about different roles and finding out what parents do when they go to work for the day. If you are interested in visiting your child's class, please let the office know. We'd love to have you join us!



When I was a boy and I would see scary things in the news, my mother would say to me, "Look for the helpers. You will always find people who are helping."

- Mister Rogers

BitsOfPositivity.com

## Director



Happy International Women's Day!

This year it is celebrated on Sunday March 8<sup>th</sup> 2020. We celebrate women's achievements throughout history and across nations. It is also known as the United Nations (UN) Day for Women's Rights and International Peace.

International Women's Day events are held worldwide on March 8. Various women, including political, community, and business leaders, as well as leading educators, inventors, entrepreneurs, and television personalities, are usually invited to speak at various events on the day.

The International Women's Day logo is in purple and white and features the symbol of Venus, which is also the symbol of being female. The faces of women of all backgrounds, ages, and nations are also seen in various promotions, such as posters, postcards and information booklets, on International Women's Day.

A special thank you to all our strong leaders in our lives, we celebrate you and all that you do!

**Irini Mikhael, RECE, P.Eng, PMP**

Chief Operating Officer

[irini@lullaboo.ca](mailto:irini@lullaboo.ca)

**Lullaboo Nursery and Childcare Center Inc. | Maple Campus**

1410 Major Mackenzie Drive West, Vaughan ON L6A4H6

[maple@lullaboo.ca](mailto:maple@lullaboo.ca)



VAUGHAN  
Maple Campus  
5:30pm to 6:30pm

**MAR 10**

# COMMUNITY WORKSHOP FOR LULLABOO FAMILIES

**LIMITED  
SEATING**

SPEAKER:

**Sonia Cacciaccaro, R.P.**

Connected Parenting Therapist



**MAR 10**

## **Setting Healthy Boundaries:**

Parents are the architects of their child's brain! Come to understand why children need their parents to provide containment, setting effective and loving limits in order to feel safe, secure, reducing anxiety and building emotional resilience. Learn how to do this in a neutral, meaningful way and feel great as a parent.

To Register please email your centre supervisor. Registration is \$10/Session to be included on your EFT. All funds are donated to SickKids foundation.

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1410 Major Mackenzie, Vaughan, L6A 4H6