



## Infants

In February, babies super enjoyed our new project about nature. We explored four seasons: spring, summer, fall, and winter. Teachers prepare different activities for kids to learn four seasons and the most important thing is we have lots of fun. Babies enjoyed every activity and showed great interest in exploring different seasons with their teachers.

There are two interesting activities we want to share with you. The first is about our "Five little snowmen" circle time. The educator prepared snowman popsicle stick puppets and let babies explore those snowmen. Babies showed great interest in holding and touching the stick puppets.



Another activity is about auditory exploration, everyone enjoyed the sensory activity and loved shaking each different container to create different sounds- soft, medium, and loud. The infants had extremely happy learning this month and next month we will continue to explore nature.



## Toddlers

### Toddler-1

For the past month, we have focused on a new topic, our Community.

We specifically looked at people in our community who are helpers. We first started with chefs, and then moved on to doctors and police officers. Some skills we are focusing on with this topic are emotional and social. We want to help our children work on forming their identity and how to empathize with their classmates. We are also practicing perspective taking and how we can take the view of our friends. The children's favourite activity so far has been playing doctor and fixing the babies' boo-boos, hugging the babies to make them feel better, and then putting band-aids on the ouchies.

They also liked to choose their favourite foods and cook them, as they were acting like a perfect chef. Through activities, they learned more about fresh vegetables and healthy foods which help them to have a healthy body. During the sensory and science activity, they become familiar with different kind and colour of pasta and observed how pasta soaks water and get a bigger size in cooking process. We follow our children's interest to continue this topic and so far we found it super interesting for the children. We have also focused on art and craft activity in which children were very interested to glue q tips to make x-ray art.



This type of artwork helps children to develop the concept of human body parts and images of x-ray. We dressed them as nurses and doctors to give them a sense of how do doctors and nurses look like. Such dressing up helps them to express their emotions through their smiles enhancing their emotional skills.



## Toddler-2

During March we are focusing on our project interesting topics such as dinosaurs, desert and polar animals. We are implementing these with fun-filled activities such as:

Jurassic Park Theme Dramatic Play: This activity as they pick up the dinosaurs on the Popsicle stick them. This activity helped the children to improve cognitive skills.

Shaking the Curing ropes: The children enjoyed shake the ropes by holding them on either side and pretend like a snake walking. This activity promotes gross motor skill development in children.

Penguin Art and Craft: The children enjoyed this activity as they glued the cotton balls on the paper penguin belly to make a fluffy penguin belly. This activity helped their fine motor development.

Polar Animal Theme Sensory Bin: The children loved to explore the polar animals hidden in the snow bin and learned the names of polar animals with their teachers.

Number Frog Pompom Matching: The children enjoyed this activity as they counted and matched the pompom using pincers with the number frogs. Through this activity, the children learned to count their numbers up to number 5 using their cognitive skills.



Life Cycle of Frog: The children loved to learn the body parts and life cycle of frogs during circle time as they carefully looked at the pictures and then came one by one to put the pictures of different stages of the frog life cycle in order.



## Preschoolers

In February, we continued traveling around the world in PK3! The first week we stopped at West Europe, visiting the U.K, Germany, France, Switzerland, Italy, Spain, and The Netherlands. For art, preschoolers created a mosaic getting inspiration from Gaudi. They painted like Dali, decorated their heart learning "Je t'aime" and cooked their pizza with tomato sauce, veggies, and cheese. As our math activities for the week, they matched and called different numbers in the British telephone booth and sorted Irish Shamrocks by size. During circle time, we had an experiment where preschoolers could see why the water in the Dead Sea is so special. They added some salt to a container with water and compared what happened to lime in salty water and normal water. Also, we made gelato with yogurt, ice, and a very cold tray! We finished the week dancing Irish music, Flamenco, and enjoyed the Spanish Carnival wearing red T-shirts. For sensory, children baked Play-dough German pretzels.



In our second week, we went trip to East Europe! We tripped to Greece and Norway, Poland and so much on. For the art, we made a bonfire with wooden sticks to make Sweden Valborg (Traditional Sweden bonfire), drew an art with sparkly glue on black paper to make Greek mythology constellations. It was so shiny and sparkly. Moreover, we painted with paints and brush to make famous Turkey pottery.

We also did a warm winter material collage on mactac paper and pasted it on our window. (Please enjoy our art from outside) For the dramatic play, teachers created an environment of IKEA, Ales Stenar, Dinner table of Poland, and cooked string pasta with yarns to play cooking Haluski. We practiced playing with taxi cars on a Greek road and pretended to be a taxi driver with cool sunglasses. For science, we have used magnifying glasses to have a detailed and deep observation of nature birds. Children used hands-on sensory play with bubble wraps, seed sensory bags, and real cheese. Our friends traced alphabets with markers, crayons, and dry erase markers so that we can practice our fine motor when we are writing.

For the third week, we visited Africa. Children spent one whole day in Ancient Egypt. They could experience how the Giza Pyramids look like and built their own with magnets; they walked like an Egyptian, visited the Nile River, and traced some hieroglyphics. For the rest of the week, they matched the Cichlids fish by colour, created their version of the African necklace and a Kenet from Ghana. On Friday, we had Safari Day! Children rescued the animals in our sensory activity finding them on some long grass of the Savannah. Moreover, preschoolers walked like a lion, stomp like an elephant, and walked with their hands and feet like a giraffe. We all celebrate the end of our trip to Africa with postcards! Children expressed their feelings, experiences, storytelling and decorated their postcards.

For the fourth-week children were engaged in different activities where they explored Australia. One day we learned that back in the time people used mud and different extracts to make paintings. We made aboriginal paints by mixing up colours and designed our sticks by drawing lines and dots on them. They had a special event where they enhance their emotional development by making a card for a beloved friend to say thank you for your friendship. This day was full of hugs and hands shake. During our art activity, we were using glue bottles to decorate our Sydney Opera house. We also learned new songs such as "we are going on a bear hunt" and the weather song by lingo kids. Preschoolers enjoyed a lot our fine motor-skills by tracing straws into the pipe cleaners to make an Australian coral. We also learned that fish live in corals and they are so colourful.



# Kindergarten

During February, our kindergarteners were focusing on transportation as they were learning about the land, air, and water transport. Our kindergarteners learned different modes of transportation and the vehicles used for each model. Our children were also had opportunities to learn about the uniqueness and similarity of the different vehicles.

During circle time, we talked about vehicles are used for moving from one place to another. We had time to explain that people use vehicles as transportation, or as ways to move around. Our children were able to learn that transport is important because it enables communication, trade, and other forms of exchange between people, which in turn establishes civilizations. As well, our children were able to improve fine motor, literacy, and science skills while they were participating in activities such as carwash centre dramatic play, parking cars matching up uppercase and lowercase letters, and making a boat with foil activity.



## Half Day

Dear parents this week has been amazing. We welcome Ms. Jamie into our room. The children and the educators have been working on our topic; who we are: "All about me". This week we read books and sang songs learning about ourselves, we did art projects on our names and about our bodies tracing our bodies on paper, and practicing our names. We practiced different facial expressions, emotions, and body movements. Next week we are starting our new topic "my Family Tree." We would like to ask the families to bring in a family picture for "Our Family Tree". This will allow the children to share about their families with their teacher and their peers as we get to know each other. It also supports them when they are feeling sad and miss their families. As we are guided by the children's interests we plan we are continuing the top of getting to know who are.





## Event Calendar

Happy March! March is the month when spring officially begins and daylight savings time changes over. It can be a dramatic month with shifting weather and time. As the seasons change from winter to spring, it's the perfect opportunity to check health challenges and healthy habits. Stay safe and healthy, everyone!

- World Wildlife Day (March 3)
- International Women's Day (March 8): It celebrates the achievements of women and the progress made toward women's rights!
- Daylight Savings Time (March 14)

- Saint Patrick's Day (March 17): According to folklore, people wear a shamrock on St. Patrick's Day because the saint used its three leaves to explain the Trinity.
- Persian New Year, Nowruz (March 20): Nowruz means 'New Day'. It is a holiday marking the arrival of spring and the first day of the year in Iran, whose solar calendar begins with the vernal equinox. Sabzeh is the symbol of rejuvenation and new life and it is one of the ever-present items in this ceremony.
- World Water Day (March 22)



World Wildlife Day



International Women's Day



Daylight Savings Time



Saint Patrick's Day



Persian New Year, Nowruz



World Water Day

## Learning Fun

You can join in all the exploration and learning as well! Expand your child's learning by trying a special activity on the weekend. Children are curious about their environment and many classes are currently exploring "Who We Are" and "Self".

- Peekaboo sensory bag: This is a simple activity that children love! You can hide family or children's pictures on the backside of the sensory bag. And then children can find hidden pictures when they touch them. You can put various things in sensory bags like colourful water, corn starch, flour, and so on!

- Self-portrait: This is a great activity to help children build self-identity. You can prepare pictures and transparent film or plastic protectors. While children draw their faces, they can find different shapes in their faces and build an understanding of how we are all special and unique!

- Body tracing: This activity is always fun for children! They love tracing their friend's body and can learn about the body parts! If you sing the 'Head, shoulders, knees and toes' song together, it's a great way to enhance the activity!



# Director

Dear Lullaboo families,

As we approach the 1-year mark of the COVID pandemic, we are reminded of the tough battle that 2020 brought forward, the continued hardships we all faced together, and reminds me that we need to take a minute to realize all of the positives that this whole tribulation brought forth. We as many families were able to embrace the smallest things in life, spend an ample amount of time with my children, and clinch on to every memory whether it be in the kitchen cooking dinner, baking bread, or even in the backyard planting a garden.

When we reopened Lullaboo's door for our front-line workers we were delighted to help and become front-line workers ourselves. These children in Lullaboo are resilient, adaptable, and capable of anything. We worried about the return and adjustment for each child to Lullaboo but every one of them blew us away. They are strong ready to tackle any obstacle that comes their way. These children are our future and we wanted to give them the best that we could so that in 25 years from now we can have our very own Prime Minister, leading and guiding Canada, countless doctors, nurses, police officers, paramedics, and maybe even a Chief Public Health Officer with expertise in immunizations and infectious disease. We can stand by and be honoured to have been apart of their education.

Thank you to all of our families who trust us with their children, our educators who have been beyond exceptional, and the children who make our days engaging, educated, and endearing. Thank you for all the wonderful memories!

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