



NOVEMBER 2021
NEWSLETTER
CAMBRIDGE CAMPUS



Infants

As we continue into the colder and wetter months, the infants would still love to be going outside and exploring. If you could send your child in with an extra set of clothes including socks, that would allow us to get outside, even if it's wet out. Mittens and hats are also requested, so we can keep warm, as well as any splash pants or water proof clothing that might be available. There's so much more exploring to be done, all while getting some fresh air!

This month the infants have taken an interest in the fruits and vegetables in the classroom, so we have been doing lots of art and taking about all the different fruits and vegetables. The past 2 weeks we have been making picnic baskets; Monday through Thursday we have coloured different pictures of various produce and on Friday we glue them to the basket and end up with our very own fruit and vegetable basket. The infants had a blast while they coloured their fruits and vegetables they really enjoyed tapping the markers and crayons all over the page, looking down and seeing little dots everywhere. During circle time this month we have been reading lots of "The Very Hungry Caterpillar" and singing "The Apple and Banana" song. The children have been loving turning the pages of the books, and putting their fingers in the holes of the Hungry Caterpillar book.

The book centre has been a big hit with the infants the past while. Along with the caterpillar book, the children have also been interested in the number of sensory books we have available. Say Goodnight to the Sleeping Animals, and the Little Dolphin and Friends is one where all of the animals we meet are soft and fuzzy, so we seem to visit this often.

We will be continuing these sensory experiences with the children throughout the next month, We always wonder what cool investigations they'll show us next!

The children also enjoy showcasing their animal knowledge, like showing us that the cat says "meow". We have also loved That Is Not My Dinosaur, in which the children feel what the different dinos feel like, their fuzzy tails, and their bumpy teeth.

Through all of these experiences, the children have been exploring through their senses, of touch smell, sight, balance, and hearing. They've been squishing paint, guiding makers, turning pages, and listening to many songs, new and old. To talk about the concept of the upcoming falling leaves, the infants have been exploring feathers; picking them up, feeling their softness, putting them into buckets and baskets, dumping them and throwing them. We've also been singing about rain falling, and the sun hiding behind the clouds, to highlight the changing of the seasons.

The highlight of the month was when the children got to explore a pumpkin patch in the backyard. They were working together to roll pumpkins, pick them up, and investigate their stems. Once inside the classroom again, the children watched as our educators carved the pumpkin, and showed them the insides & the seeds. We made the children sensory bags, so they could experience the pumpkin without getting too messy.



Toddlers

Toddler 1

This month has been an exciting one! Our monthly focus was on fruits and vegetables, we learned what it takes to grow and care for all these amazing foods we eat every day. One of our favourite activities that we did was we took apple slices and we painted with them making apple stamps.

This month we also had a mini pumpkin patch in our very own playground, we each picked out our very own pumpkin and we had the chance to decorate it. It was so much fun!

As we gear up to move on to a new month our monthly project will also change. In November we will be focusing on our 5 senses, we will be taking a little bit of time on each sense and learn how each of these senses are very important in our day to day lives.

We would also like to remind parents when sending clothes to school to please place their names on it



Toddler 1

Toddler 2

October was a busy month full of fun fall activities! We made a classroom book for Thanksgiving and we have all enjoyed reading it each day. We have explored fall colours and have created lots of different art projects using them. Some of our favourite art projects were making turkeys using bingo dabbers and making candy corn using tissue paper. During circle time we have talked about the change in weather at circle time using weather cards. We have also used this time to learn new songs about fall, one of our favourites had been, "5 Little Apples." We have brought new sensory bins in to our classroom and they have been so much fun to explore, for our first bin we made play-dough with cinnamon, it smells great and we love pretending to make cookies with it.

As we move in to November we will be transitioning to learning all about animals! Each week we will focus on animals from a different climate. We look forward to offering new art and sensory experiences based around the animals and the climates that they live in.

As it continues to get cooler out and wet in the mornings we ask that you please dress your child for the weather and bring in splash pants! If you haven't done so yet, please bring in fall appropriate changes of clothes.



PIC COLLAGE

Toddler 3

Throughout the end of October and the beginning of November children in toddler 3/ preschool 1 are finishing up the project animals and starting a new project "All about me". While learning about animals children explored and learned about different types of animals. Children pretended to be animals like Tiger and lion making the roar sound. They learned different fun facts like who lives in the forest and what animals are in the zoo? We made animal faces with paper plates.

While learning about animals the children loved to art with their hand prints. During circle time we matched the colours to the animals on the board while practicing our colours. We also read some amazing books "Reptiles in the outdoors", "who are you? (Wild animals)" and "By the sea bears".



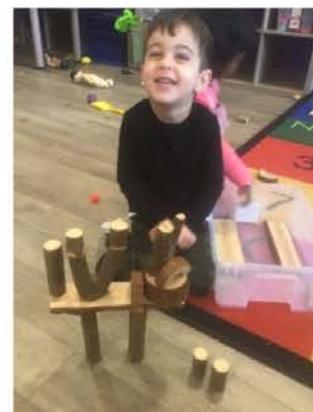
Preschoolers

Preschool 2

This month has been full of exciting changes and learning. Lots of our new children are settling in and adjusting well. This month we have focused lots on the change in seasons with fall based activities such as observing the leaf appearances, climate changes, and animals that can be found in the colder months.

Insects also took a big chunk of our time in the month of October. We learned fun facts, their appearance, counting body parts and focused on what is most common and local around us. We then ended these learning experiences with a scavenger hunt of insects and nature on our playground. Also with Halloween arriving in the coming weeks, we did pumpkin decorating and carving, a sensory activity with the guts of the pumpkin and spider web counting.

In November we plan to wait for the first snowfall and observe what insects survive the cold. The children will also use their imagination and come up with their own bug that they believe could survive year round and where they would live.



October 2021

Preschool 3

We would like to start by welcoming our new friends who joined our classroom, and also our new teacher Ms. Salome. For October we focussed on different habitats that animals live in. For example, we explored the jungle, the arctic region. Additionally, we created different art work such as making snakes using paper plates, painting pictures of lizards and colouring different animals. We explored different types of animals and what they eat, for example aquatic and amphibians. We also focused on sensory exploration using play dough.

The children loved using their hands to feel the squishy texture of the dough and enjoyed using the different stencils to create different structures. We also had fun using bingo dabbers and, paints, and using our fine motor skills to put pieces of paper together making our own art creations. For November we are going to be focussing on exploring different places around the world and also introducing the alphabet in print and so much more. We are looking forward to a wonderful November.



Preschool 4

The class has welcomed all our new friends and invited them to join in on their play, excited to see new friends in our classroom.

We welcomed Bailey into our class and she has been such a great addition to the team. We look forward to being able to do more activities together throughout the month with Bailey.

During October, we learned about how weather changes, specifically autumn and the colder weather. We learned a lot about apples and did art and crafts related to apples. Children loved art of putting glitter on apple cut out. Children loved getting their hands messy in glue and glitter. Children also enjoyed painting using real apples.

They used apples as paint brushes and coloured using them. During the lessons we also learned about harvesting vegetables and different foods. Children got to choose their small pumpkins, they decorated and painted it. They even took a vote on how we will decorate our classroom.

We also enjoyed learning about shapes and tracing them by making car tracks of square, hexagonal, round and rectangle shapes.

Sensory experience were provided around the project. Like raw pasta with wooden food pieces, magnifying glasses and loose parts.

For art children coloured apple cut-out out. by using fine paint brush. Children also enjoyed marble painting of apple cut-out. They also enjoyed making a scarecrow and autumn wreath, they were excited when we posted them on the windows for their parents to see.



Learning Fun

Here is a fun activity you can do at home with your left-over pumpkins from the fall season!

SUPPLIES

- Pumpkin
- 1/4 Cup Liquid Starch {laundry detergent aisle}
- 1/2 Cup Clear PVA Washable School Glue
- 1/2 Cup Water
- Measuring cup, spoon, and knife {adults only!}

HOW TO MAKE PUMPKIN SLIME

Step 1: Cut the top off the pumpkin.

Step 2: Make room in the pumpkin by loosing up all the seeds and guts. I did take some out to make room but the whole idea is to incorporate the parts of the pumpkin into the slime.

Step 3: Mix 1/2 cup room temp water with 1/2 cup of clear Elmer's Washable School Glue in a separate bowl. {Other brands of glue do not work as well. You can use white but you won't see as much of the pumpkin}. Stir to fully incorporate.

Step 4: Measure a 1/4 cup of liquid starch and pour directly into the pumpkin.

Step 5: Pour the glue and water mixture into pumpkin.

Step 6: Get your hands in there and mix. The image below shows all the ingredients in the pumpkin.



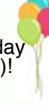
Drawing with Nature

Here is another fun activity that involves materials that you find during your nature walks! You can use sticks, leaves, rocks, etc., and create a fun nature "drawing". If you try out this activity please send us a picture, we would love to see what you create!



Event Calendar

November 
LEST WE FORGET

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Happy Birthday Lilly (Infant)! 	5 Flannel Day!  National Flannel Day	6
7	8	9	10	11 Remembrance Day Please Wear Red 	12	13 Happy Birthday Morgiana (P2) & Haley (T1) 
14	15 Happy Birthday Evelyn (Tod 1) 	16 Happy Birthday Olivia (Pre-K 3) 	17 Jersey Day! 	18 Happy Birthday Aaryan (Pre-K 3) 	19	20
21	22	23 Crazy Hat Day! 	24	25 Happy Birthday Rowan (Tod 2) 	26 Happy Birthday Nikhil (Tod 1) 	27
28	29	30				

Supervisor

Happy November!

I hope everyone had some time enjoyed apple picking and some pumpkin patches. As the weather continues to change and it gets dark earlier I am asking if you refrain from parking in front of the building, please use the parking lot. This is to ensure the safety of children, parents, and pedestrians. Thank you for your understanding. Also, please ensure you are sending your child with appropriate outdoor attire as the season changes, hats, mittens, thicker coat, scarf, etc.

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Director

Sometimes parenting can be tough, and if some days you feel this way know that you are not alone. Your efforts are making a difference and have an impact. A question that I always find myself asking is "How can I ensure that I am making a difference with my kids?" Here are a few staple steps I use and believe they will help guide you through daily stressors that may be causing you some anxiety.

Show Love: While it sounds simple, the more your children feel the love you have for them the more positive responses you will have with them.

Do your best: Your children look up to you no matter how you feel, you are their role model. Always be sure to reflect the best version of yourself.

Talk to your children: As a parent we spend so much time talking to our children, try not to slip into a lecture mode about something difficult you need to talk to them about. Remember to talk with them and not at them. Ask open ended questions, to get their ideas, insights and input. (All age appropriate) You will find that this may help them with listening and learning from the situation.

Celebrate EVERY success: Children thrive on every acknowledgement or praise that they receive, so don't forget to do this every chance you get. While academic and athletic praise is obvious, don't forget to celebrate the little milestones.

Being Kind, helping set the table, cleaning up their toys or making their own bed are all successors that should be celebrated and are learning moments to help build their confidence and they will remember how they felt the next time they need to share that toy. Doing this will also help eliminate the triggers that lead to a meltdown or tantrum.

Think positive: The benefits of positive thinking are some of the greatest contributors to improved health and well-being and not to mention a great way to help minimize or eliminate stress. When you choose to have a positive outlook, you'll naturally be more optimistic, be open minded and your approach will be so contagious to those who surround you, especially your children.

As parents we also need to take care of ourselves and while we find ourselves stuck doing the same things day in and day out, we need to find time for ourselves to ensure that we are mentally prepared for the next day. Take some time and take a yoga or cardio class, read a book, listen to soothing music, light a candle or even journal writing. Whatever activity you may choose, make some time and do it for you, we all need time to unwind for our mental health.

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