



## Infants

During November month we are going to focus on physical strength. During October month, we noticed that infants are more interested in climbing, riding, or standing by them without holding anything. We also notice that children enjoy music and listening to stories. Also, we noticed that children start doing conversations with their peers in their own way. Making sounds, babbling during playing with the toy, or sharing toys with peers.



In November, we are going to plan more and more activities that concentrate on their physical activities. Yoga or aerobic exercises are the best activities that we going to plan during this month. These activities will help them develop their physical gross motor, emotional and social skills. During these activities, children will learn how to interact with each other. We going to introduce more picture books, whereby seeing pictures they can imagine the situation and we can talk about the book. Our more focus on engaging infants more and more into interaction with peers and educators. By making facial expressions they can only express their feelings in this stage of life. We are going to plan to show infants pictures where babies make faces in different situations e.g. happy face, sad, cry, grumpy, etc.

We are going to focus on their gross motor development. Help them learn how to hold things and try to stand up. Or walking using a walker or holding the wall. Children love to go up the stairs. We going to help them learn how to hold the railing and take one step by one to go up the stairs. We going to engage them in small group activities where they can see their peers doing stuff and learn from each other's, as children learn by watching each other.



## Toddlers

### Toddler 1

We enjoyed learning about sea animals and the ocean. We had lots of discussions about the name of different sea animals such as turtles, octopuses, fish, and jellyfish. We improved our fine motor skills with different art activities using glue sticks, crayons, or cutting with practical scissors. We had a great time practicing gross motor skills outside together in autumn by rolling a ball, crawling in a tunnel-like turtle and also jumping up and down through hopscotch activity. During circle time, we did math activities with multiple tasks to support math such as assorting, matching puzzles, and counting in large groups with ocean animal topics. Finally, we had a memorable day with a pumpkin patch and a welcome Halloween event.



Our goals for November are to explore about Fall theme - start with Halloween week. We will keep multiple math activities to support new toddlers with counting and matching skills. For fine motor skills, markers and do-a-dot activities will be a great chance to support creative thinking and using tools ability for toddler group. We will add more Halloween songs such as Baby Shark Halloween; 5 little pumpkins or Incy Wincy Spider in circle time together.

## Toddler 2

In November we will be focusing on social skills and Cognitive skills. We will be providing them enough opportunities to learn letter/ alphabets and will do different activities related to plants.

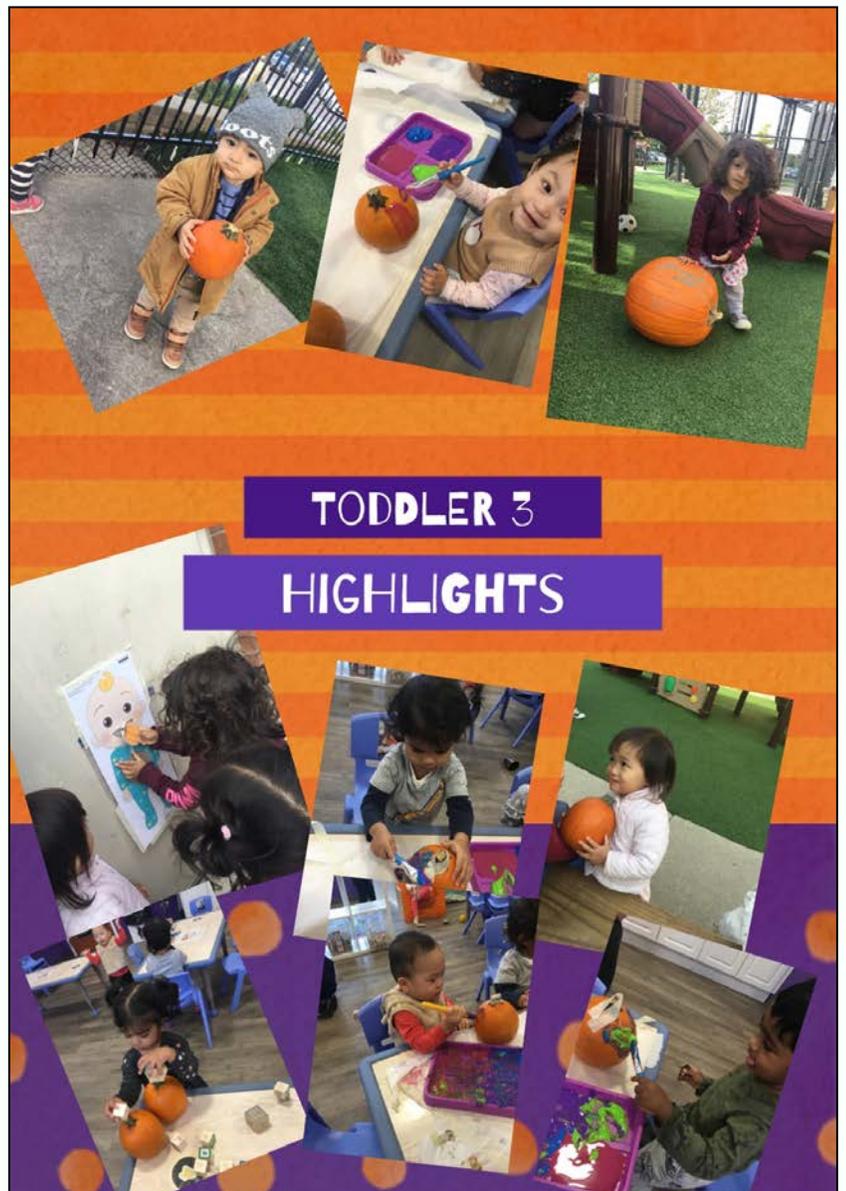
We will be putting different images of plants and the food plants provide. We will discuss different parts of plants that are edible.



## Toddler 3:

Thankful indeed for October! In celebration of the fall season, our toddlers participated in our centre's pumpkin patch activity. Upon entering the playground decked out with pumpkins big and small, our friends wasted no time exploring and playing with them. Some children bounced them like balls, others carried them as long as they could, while others pretended to eat them just for fun. What joy to see our toddlers experiencing and enjoying the gifts of the season!

For our activity, our educators prepared a huge picture of Baby JJ and cutouts of mini pumpkins. Our toddlers get to feed mini pumpkins to Baby JJ and they watched as these orange veggies go down his tummy. They sure loved it! They wanted to do it over and over. Giggles were shared among teachers and children. Also, each child gets to have his own pumpkin to decorate. During arts and craft time, we gave a pumpkin to each child together with colourful paints and brushes. They adore painting, so they enjoyed painting this uniquely shaped canvas. Overall, everyone sure had a great time. This year's pumpkin patch activity is for sure one to be remembered.



The class will also hold a Halloween costume party this coming October 29th. Some parents have already expressed excitement about the event and we can't wait to see the little ones in their cute outfits as well.

We wanted thankfulness to carry on for the whole month of November, so on November 5th, the class is making a thankfulness banner made of decorated leaves that will be displayed in the classroom. Parents will also be asked to send in photos of what they see their children are thankful for even as young as they are. We will feature a photo daily in our circle time for the whole month of November. Let's keep gratitude growing this month of November.

## Preschoolers

### Preschool 1

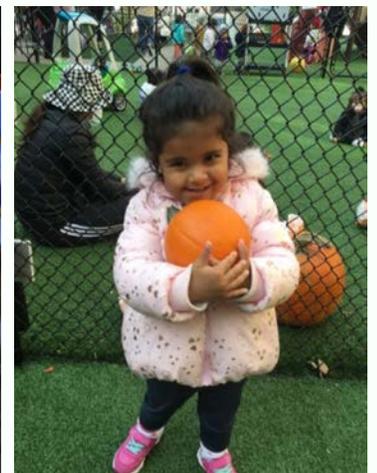
In October, we slowly came to an end on our previous topic theme Which was all things nature!

Based on the children's interest we changed our topic theme to Transportation Vehicles. Each week we have planned to focus on a specific theme of transportation. For instance, construction vehicles, community vehicles, emergency vehicles, water vehicles, and more!

In preschool 1 we have been working on learning the days of the week and have been learning to identify what day it is today, what day it was yesterday, and what day it will be tomorrow. Preschool 1 child has been doing very well and now sings the days of the week fluently and full of enthusiasm!

Our goal in Preschool 1 in November is still to encourage more independence within our preschoolers. We want to encourage our preschool 1 friends to be able to tidy up their toys when they are finished exploring them, to solve small conflicts, and express their feelings towards their peers when needed.

We will continue to practice achieving this goal by modelling and coaching positive behaviour as well as verbally expressing the importance of them trying to do some things on their own but encouraging them to ask for help when needed.



## Preschool 2

In October, children had the opportunity to learn about the different kinds of animals such as wild animals, farm animals, under the sea animals, and more. also, children had fun participating in the Halloween custom party by dressing up in the characters they like.

In addition, children enjoyed exploring the different colours of leaves on the tree and how they are changing colours when weather/ seasons change. lastly, in October children enjoyed carving and decorating the classroom and their own pumpkin with their friends in the classroom using open-ended materials. lastly children enjoyed playing different pumpkin patch games such as pumpkin photo booth and ring toss games and exploring different shapes and sizes of pumpkins.

This November children will have the opportunity to create their own poppy flowers for remembrance day. also children will continue learning about different types of animals such as mammals, birds, insects, reptiles, forests, and many more. in addition, children will participate in glow in a dark dance party using glow sticks. last but not least, children will enjoy apple picking during outdoor time play.



### Preschool 3

Marble Painting” The materials that will be used for this activity include multiple sheets of paper, plastic containers, various colours of paint, and marbles. The containers that each have a sheet of paper in them will be placed around the table while the containers of paint and the containers of marbles will be placed in the middle of the table. For this activity, the children will each get a container with a piece of paper inside it, and a marble.

The children will get to pick a colour of paint and the children will be assisted when putting the paint on the paper. After the paint is on the paper, the children will then have the opportunity to place the marble inside and move the container around to create artwork and see the effect of the paint and the marbles.

I will support the learning/development of representation by asking questions such as, “why did you pick that color?” or “why did you decide to move the container around that way?” I will also say statements such

as “I see that you are using the paint and marbles to create lines on your paper.” I will also support the learning/development of representation by creating my own piece of artwork. I will also help the children paint their marbles if it is required and I will demonstrate how to complete the activity by using my hands to move the container of paint around.



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### Preschool 4

In October, month children learned the recognition of letters in a fun and creative way. They learn to match the letters to the words, pasted the magnetic letters on the whiteboard, and learn the lacing activity using thread and letters boards.

#### **Colours- primary and secondary**

This month we will be teaching COLOURS the basic colours called primary colours and then mixing the colours called the secondary colours

The primary colours are:

·Red ·Yellow ·Blue

Thereafter, include secondary colours, when you mix the above colours (in painting) are:

·Orange ·Green ·Purple

Children learn best when they are *using* Knowledge, practically. That is, through manipulation of objects, and by integrating activities, speech, and other acts around that learning experience. This engages the brain more. It also helps to form memories by association.

This means participating in activities to purposely emphasize colours is an important part of teaching colours to preschoolers.



Use craft paper, crayons, paint mixing, and so on to do this. For colour learning, use coloured sand or rice. Let them feel fabrics in different colours. Do face painting or hand-prints in colours. Stamp fun shapes with different coloured ink pads. Make glitter slime and play dough in their favourite colour. Bake a 'rainbow cake' or decorate cookies with coloured icing.

### How to Teach Colours with Everyday Activities

Teaching colours during everyday activities and routine is the best way to reinforce the concept of colours that is taught to kids in their preschools. Children have a natural affinity toward brightly coloured objects, especially red; hence most of their toys are strikingly colourful. Showing them an object, say, a ball, using the word "colour" along with the name of the object is a good way to begin teaching them colours. Therefore, instead of saying 'this is red', the better approach would be to say 'this is a ball, and its colour is red'. The same can be done with different coloured balls.



## Event Calendar

**Remembrance Day** is commemorated on November 11th each year and marks the end of World War I in 1918. It may also be commonly known as **Armistice Day**.

The intention of the day is to remember the fallen on both sides in the Great War (first world war).

On Remembrance Day, Canadians pause to honour the men and women who have served and continue to serve Canada during times of war, conflict, and peace. More than 2,300,000 Canadians have served and more than 118,000 made the ultimate sacrifice.

The poppy is the symbol of Remembrance Day. In the run-up to Remembrance Day, replica poppies are sold by the Royal Canadian Legion to provide assistance to veterans.

The reason that the poppy is worn for Remembrance Day is due to a Canadian physician and poet who noticed how quickly poppies had grown over the graves of soldiers who had died during the Battle of Ypres. This symbolism of the blood-red flowers was beautifully captured by Lieutenant Colonel John McCrae in his 1915 poem "In Flanders Fields." The poem was apparently discarded by McCrae but was found by soldiers who sent it to a London-based magazine named Punch. November 11th marks the signing of the armistice (peace agreement) between the Allies and Germany at Compiegne, France.

The armistice took effect at eleven o'clock in the morning - the "eleventh hour of the eleventh day of the eleventh month."





Daylight Saving Time



Remembrance Day



National Education Day



World Kindness Day



Universal Children's Day



HAPPY BIRTHDAY



Wesley November 10 <sup>th</sup>	Harlow November 22 <sup>nd</sup>
Phong November 10 <sup>th</sup>	Marilia November 23 <sup>rd</sup>
Gabriel November 15 <sup>th</sup>	Arna November 27 <sup>th</sup>
Ella November 21 <sup>st</sup>	Diacio November 29 <sup>th</sup>
Emma November 21 <sup>st</sup>	Dylan November 29 <sup>th</sup>

## Learning Fun

### Fall Leaf Colour Mixing Process Art

**Material:** card-stock - scissors - red paint - yellow paint - green paint -craft tray

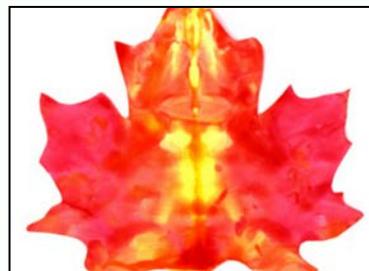
**Steps:** Cut the card stock into a leaf shape. Depending on how much time you have your children can do this, or you can do it ahead of time. If you don't feel confident enough to draw your own leaf, you can use [this template](#) that I used. I just printed it out and traced it onto my paper. It doesn't look exactly the same, because I did make it slightly larger. To do this, I simply traced an inch or so out from the perimeter of the leaf.

After the leaves are cut, fold the leaf in half to create 2 sides. Then, have the children place 1 dollop of paint on each side of the leaf. Each dollop should be a different colour. When presenting colour choices, keep in mind the following:

- red and green paint will give you brown
- red and yellow paint will give you orange
- yellow and green paint will give you varying shades of yellow and green

After the paint has been applied, fold the leaf in half again. Then, holding the leaf in both hands, gently squeeze the paint around until the entire leaf is covered with paint. This is the messy and fun part! It's also the part that helps to build and strengthen fine motor skills, through the squeezing motion. The children will likely have to open the card stock, then refold and continue squeezing to make sure the entire leaf is painted. Very young kids may not have the motor skills or persistence to get the entire leaf covered and that is okay. Art is not perfect and it was never meant to be. Happy learning!

Important Note: You **must** use card stock and not regular paper for this project. Regular paper will rip.



## Supervisor

Happy November!! As the weather begins to cool down and more articles of clothing and layering are needed. Please ensure all of your child's clothing items are labelled clearly with their name.

The runners, educators and office staff will do their best to remember whose belongings are who's. However, please make sure everything is labelled.

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Hello  
November

## Director

Sometimes parenting can be tough, and if some days you feel this way know that you are not alone. Your efforts are making a difference and have an impact. A question that I always find myself asking is "How can I ensure that I am making a difference with my kids?" Here are a few staple steps I use and believe they will help guide you through daily stressors that may be causing you some anxiety.

**Show Love:** While it sounds simple, the more your children feel the love you have for them the more positive responses you will have with them.

**Do your best:** Your children look up to you no matter how you feel, you are their role model. Always be sure to reflect the best version of yourself.

**Talk to your children:** As a parent we spend so much time talking to our children, try not to slip into a lecture mode about something difficult you need to talk to them about. Remember to talk with them and not at them. Ask open ended questions, to get their ideas, insights and input. (All age appropriate) You will find that this may help them with listening and learning from the situation.

**Celebrate EVERY success:** Children thrive on every acknowledgement or praise that they receive, so don't forget to do this every chance you get. While academic and athletic praise is obvious, don't forget to celebrate the little milestones.

Being Kind, helping set the table, cleaning up their toys or making their own bed are all successes that should be celebrated and are learning moments to help build their confidence and they will remember how they felt the next time they need to share that toy. Doing this will also help eliminate the triggers that lead to a meltdown or tantrum.

**Think positive:** The benefits of positive thinking are some of the greatest contributors to improved health and well-being and not to mention a great way to help minimize or eliminate stress. When you choose to have a positive outlook, you'll naturally be more optimistic, be open minded and your approach will be so contagious to those who surround you, especially your children.

As parents we also need to take care of ourselves and while we find ourselves stuck doing the same things day in and day out, we need to find time for ourselves to ensure that we are mentally prepared for the next day. Take some time and take a yoga or cardio class, read a book, listen to soothing music, light a candle or even journal writing. Whatever activity you may choose, make some time and do it for you, we all need time to unwind for our mental health.

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