



Hello November

Infants

November is a month of remembrance, kindness and embracing all the goodness that lies within our children and our families.

Teachers and Infants will continue to expand on our sensory skillset through touch and feel activities, such as creative art and craft activities.

As children touch and feel their sense of discovery and quest for knowledge expands exponentially.

We as teachers are truly blessed to watch our infants grow and discover.

In saying this, teachers in our Infant room will adapt sensory skills along with communication skills through encouragement, play, and vocal repetition.

Through art, play, song, and dance, all our children will grow with knowledge and kindness.

Bless this month of November.

Toddlers

Toddler 1

This November our toddler class will be focusing on the theme of community helpers. For the next four weeks of November, we are focusing on the people in our community who help us such as police officers, ambulances, firefighters.

Community helpers is an amazing topic to focus on because they have a specialized place in this world and in the hearts of human beings. Setting up the activities based on this subject will provide children to expand their knowledge. We are making interferences about which clothing belongs with each community helper and participating in community helper-themed following directions, vocabulary and listening activities. We will be singing songs about the community helpers, such as our Community connections in the coming weeks. Our class is very into all kinds of dramatic plays so in the coming weeks of November the kids will be engaged in the dramatic activities of community helpers with a variety of tools for kids to explore. So each week we will focus on different community helpers for example we will focus

- 1) firefighters
- 2) ambulance and doctors
- 3) police officers and,
- 4) construction workers

These activities will help them to develop their dramatic skills, cognitive skills, social skills and physical skills. Overall, these activities will help the kids for their overall development and will really be fun for all of them.

Toddler 2

The Winter season can help children in growing. As children can learn that what happens in winter it snows and it is cold. Children will be engaging in winter activities that can help their fine motor and gross motor skills, learning skills, social skills.

Some activities are as follows:

- 1) Paint the snow (Children will be given a spray bottle with water and little of the food colouring.)
- 2) Making winter hat (Children will be using a paper plate to make a hat and will decorate by using poms-poms and glitter).
- 3) Snow play dough (Children will engage in making white play dough where they will add sparkle, colours etc.)
- 4) Melting snowmen (Black and white felt with googly eyes, red ribbon etc.
- 5) Ice cube painting (Children will be provided with coloured ice cubes.)



Preschoolers

During this month we will be exploring more arts and sensory as child-oriented major activities. These activities include numeracy (1-5) and letter recognition as well.

For example, during finger paint, the children dip their fingers tip in paint and count every time they make a mark with their finger on the paper.

Or they will count the number of cotton balls used during an art. They will be exposed to letters and numbers during different activities.



Kindergarten

We will focus on the theme, Canada with diversity and multiculturalism. Focus on Remembrance Day (Nov. 11), when speaking to children about the significance of Remembrance Day there is no need to expound upon the atrocities of war.

We can best honour this day by teaching kids about both the honour and courage of those who sacrificed their lives in an effort to preserve the freedoms that we all enjoy.

We will be a part of the diversity of Canada through activities and can't wait to see our children's process.



Supervisor

Dear Lullaboo Families,

I would like to thank all of the parents for their ongoing support and patience during this time with drop-off and pick-up.

Thank you for being so patient and for trusting us to keep the children safe and healthy as our children are our top priority!

Just a reminder please ensure you are filling out the health screening form on the mobile app each morning for your child.

Please show the health pass for your child each morning at the front door when you are dropping off your child.

As always please feel free to contact me at any time if you have any questions.

Sincerely,

Alyssa Filippelli, RECE

Supervisor of Maple Campus

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Learning Fun

With the new season and the leaves changing colour, children are noticing the different colours they see while outside or even on their way to Lullaboo. Here's a fun art activity that you can do that incorporates sensory, science and art.

You can collect some leaves from outside to bring inside. Children can feel the different textures of the leaves, some may be rough and some may be smooth. You can create a leaf collage with different items from nature or you can highlight their textures by painting them and printing them on paper!



Event Calendar



Daylight Saving
Time



Remembrance
Day



World
Kindness Day



Universal
Children's Day



Canada
History Week

Director

Sometimes parenting can be tough, and if some days you feel this way know that you are not alone. Your efforts are making a difference and have an impact. A question that I always find myself asking is "How can I ensure that I am making a difference with my kids?" Here are a few staple steps I use and believe they will help guide you through daily stressors that may be causing you some anxiety.

Show Love: While it sounds simple, the more your children feel the love you have for them the more positive responses you will have with them.

Do your best: Your children look up to you no matter how you feel, you are their role model. Always be sure to reflect the best version of yourself.

Talk to your children: As a parent we spend so much time talking to our children, try not to slip into a lecture mode about something difficult you need to talk to them about. Remember to talk with them and not at them. Ask open ended questions, to get their ideas, insights and input. (All age appropriate) You will find that this may help them with listening and learning from the situation.

Celebrate EVERY success: Children thrive on every acknowledgement or praise that they receive, so don't forget to do this every chance you get. While academic and athletic praise is obvious, don't forget to celebrate the little milestones.

Being Kind, helping set the table, cleaning up their toys or making their own bed are all successes that should be celebrated and are learning moments to help build their confidence and they will remember how they felt the next time they need to share that toy. Doing this will also help eliminate the triggers that lead to a meltdown or tantrum.

Think positive: The benefits of positive thinking are some of the greatest contributors to improved health and well-being and not to mention a great way to help minimize or eliminate stress. When you choose to have a positive outlook, you'll naturally be more optimistic, be open minded and your approach will be so contagious to those who surround you, especially your children.

As parents we also need to take care of ourselves and while we find ourselves stuck doing the same things day in and day out, we need to find time for ourselves to ensure that we are mentally prepared for the next day. Take some time and take a yoga or cardio class, read a book, listen to soothing music, light a candle or even journal writing. Whatever activity you may choose, make some time and do it for you, we all need time to unwind for our mental health.

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